

Protocol for Isolation and Culture of Articular Chondrocytes

Modified from Brittberg and Petersen
Jeffrey Luo (9/8/03), Commented by TCH

Transport harvested cartilage in 0.9 normal saline or 1x PBS (**with Pen/Strept**).

- 1) Prepare DMEM/collagenase solution (**Bioreactor mixture**):
 - a. Add 10ml DMEM containing **20%** FBS (+P/S)
 - b. Add collagenase (1 mg/ml) (clostridial collagenase, Gibco #17100-017)
 - c. Add deoxyribonuclease I (0.1mg/ml) (Sigma, DN25)
 - d. Filter into Falcon tube
- 2) Mince cartilage (300-500mg) with sterilized straight razor blade on lid of a cell culture dish in 1ml DMEM (decreases cell adherence).
- 3) Wash in DMEM, spin at 1000rpm x5 min (Eppendorf 5810 in the cold room).
- 4) Resuspend cell pellet in DMEM/collagenase (Bioreactor mixture)
- 5) Place in 50ml bioreactor flask.
- 6) Digest with low speed spinner for 5-6 hours.
- 7) Filter through cell strainer (100 um) (should be mostly digested).
- 8) Wash with DMEM x1 (spin x2).
- 9) Plate with DMEM containing **20%** FBS (+P/S).

Note: Brittberg uses 1mg/ml of collagenase with overnight digestion

Can also use 2.5mg/ml for 5 hours

Or use 5mg/ml for 2.5 hours

Shorter incubation with collagenase tends to increase cell yield and cell happiness

REFERENCES:

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Brittberg M. Nilsson A. Lindahl A. Ohlsson C. Peterson L. Rabbit articular cartilage defects treated with autologous cultured chondrocytes. *Clinical Orthopaedics & Related Research*. (326):270-83, 1996 May.