

Total RNA Isolation Using TRIzol Reagent

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1. Remove media completely (**wash cells with PBS is optional, but usually unnecessary, in some cases it could hurt**).
2. Lyse the cells in T25 flask by adding 1ml TRIzol reagent directly (**3ml TRIzol reagent for T-75 flask, and other reagents are scaled up three-fold**). Swish/tilt the flask for one minute, make sure that the solution coats entire surface of the flask. Then use sterile cell scraper to pool all the lysate in a bottom corner, or just let the lysate flow down to a corner by tilting the flask for a while (**If necessary, cell scrapers can be used to collect lysate completely**). Transfer them into 2-ml RNase-free Eppendorf tubes (e.g., **freshly opened boxes or RNA Use Only boxes, not the ones from your bench!**). **Keep tubes on ice.**
3. Add 270ul chloroform (i.e., **0.27ml chloroform per 1ml TRIzol reagent**), vortex vigorously.
4. Spin the sample at top speed in microfuge for 15 min **in cold room**. Transfer the colorless upper aqueous phase into a new set of 1.5-ml tubes (**Avoid touching the junks in interphase! Keep tubes on ice**).
5. Add 670ul of isopropanol (i.e., about 2/3 vol. of TRIzol reagent). **To maximize RNA recovery rate, you can add 3-5ul of Glycogen (but not seeDNA as it will interfere with your A260 reading later) to each tube**. Mix well (**Tubes can be kept at -80° for several days or weeks**).
6. Spin at top speed for 10 min in **cold room** to precipitate RNA.
7. Remove the supernatant. Wash the RNA pellet with 600ul of 75% ethanol.
8. Dissolve RNA in 50ul RNase-free water (**The typical yield from a confluent T-25 is about 50 to 100ugs**). Read A260/A280 and/or check RNA integrity on RNA agarose gel. Store RNA stock at -80°C.

REAGENTS REQUIRED, BUT NOT SUPPLIED:

Chloroform; isopropanol; 75% ethanol; and RNase-free ddH₂O.